



WE AGE WELL

CHORUS

In Connecticut, we age well, we age well,
we all can.
In Connecticut, we age well, in every town,
across the lifespan.

VERSE

We all gather wisdom in our open hearts,
Growing stronger when we all belong.
Opportunity in community
Including everyone is where it starts

CHORUS

VERSE

Got complete streets, we can get around.
Housing choice and public space abound.
Join our progress toward equity,
Deep connection, and inclusivity.

INTERLUDE/BRIDGE

Visioning the future...
we listen and we learn.
Let's go where we grow all life long.
When we feel seen, you know
we're shining bright.
When we honor choice, we know we're
living right...

VERSE

Follow all... to chart systems change
To make places we can thrive.
We'll plan and zone together
Dance in every season.
It's good, so good, good to be alive.

CHORUS

About the Connecticut Age Well Collaborative

The Connecticut Age Well Collaborative is a statewide, cross-sector initiative that fosters more aging, dementia and disability-inclusive communities. Our musical theme, *We Age Well*, premiered with the launch of our Age Well Academy, an education series for communities. The melody, instrumentation, and lyrics of *We Age Well* all seek to capture the spirit of celebration and vibrancy that we hope to inspire in communities across Connecticut.

Credits for "We Age Well" and Use

We Age Well was composed and performed by Jeff McQuillan. Lyrics were composed by Jeff McQuillan and Alyssa Norwood, with contributions from Claire Cote, Alrie McNiff Daniels and Stefanie Shivers. You access a recording of *We Age Well* on our website and the Connecticut Age Well Collaborative's YouTube channel. For our *We Age Well* video, graphic design and video production were completed by Lesley Holford. Please honor our creative product and contact ctagewell@ctcommunitycare.org to explore permission for use.