

On the journey to disrupt ageism and ableism?
A Daring Dialogue helps your community raise awareness, reduce bias, and achieve more – together.

DARING DIALOGUE FACT SHEET

Build momentum.
Break down bias.
Be daring.

Daring Dialogues are community workshops designed to foster open and constructive communication. We bring together community members and local leaders to challenge assumptions about aging and disability and explore how our biases influence our thoughts and actions.

Through sharing lived experience and guided facilitation, we'll:

- Explore how ageism and ableism impacts our life, community, and leadership.
- Identify and unpack (conscious or unconscious) biases hindering growth.
- Build bridges of understanding and relationships to increase impact.

Ideal participants are:

- Municipal leaders looking to expand their understanding of ageism and ableism.
- Community members with lived experience navigating ageism and/or ableism.
- Care partners of people who have experienced ageism and/or ableism.

LENGTH

The workshop is 2.5 hours. This type of program is often 16 hours, over two full working days. To make the time commitment more feasible, we have truncated the design to fit into a single afternoon.

LOCATION

Daring Dialogues are held in-person at an ADA accessible location in your community. If needed, we can offer a virtual version as an ADA accommodation on request.

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SIZE

The workshop can accommodate 12-30 people. We aim for a diverse group with approximate equal representation of individuals aged 65 and over; people with differing disabilities; and municipal representatives, including elected officials and staff.

COST

Daring Dialogues are currently free to a limited number of communities.

DATES AND TIMING

Daring Dialogues take roughly three months to implement—from selection to the day of the workshop. Upon selection, we will work with you to find a mutually convenient date and time.

REQUIREMENTS

Participating municipalities will create a team of three leaders for recruitment and planning. The team consists of one person who is well-connected in each of the demographics:

- Municipal leaders.
- Lived experience in ageism.
- Lived experience in ableism.

Over the three-month planning and implementation process, each recruiter should plan to dedicate about 15 hours total. The team member handling logistics coordination should plan to dedicate an additional 15 hours.

APPLICATION

Apply online at bit.ly/DaringDialogueApply. We accept applications on an ongoing basis and review them in monthly batches. Selection is based on readiness and capacity.

QUESTIONS?

Contact Christina Gray, Community Partnerships Manager, at Christina.Gray@ctcommunitycare.org

Daring Dialogues are part of the Connecticut Age Well Collaborative's awareness campaign, Every Age, Every Ability.

Learn more at ctagewellcollaborative.org/campaign

APPLY TODAY!

